



**FITBENCH<sup>®</sup>**

THE BENCHMARK OF FITNESS



# INTRODUCING FITBENCH

At FITBENCH, we believe in superior quality fitness tools re-invented to make training more efficient.

FITBENCH has been designed to keep your workout intensity high and allows for quick exercise transitions in a safe and neat manner.

Our benches comes fully loaded with commercial grade weights and functional workout equipment. They each are robust, organized, and portable, making any FITBENCH the perfect choice for class environments and small group training.

FITBENCH is where function meets fitness.

INTENSE  
EFFICIENT  
STRONG

” INNOVATING FUNCTIONAL FITNESS SINCE 2016 “



# FITBENCH

— S T U D I O —

DIFFERENCES?

- **Target consumer:**  
Boutique studios, class environments
- **Included with the STUDIO:**  
4 sets of dumbbells  
1 slam ball  
3 sets of FITBANDS
- **Dimensions (L x W x H):**  
46.5" x 15" x 15.5"



# FITBENCH

— O N E —

DIFFERENCES?

- **Target consumer:**  
HIIT workouts, small group training
- **Included with the ONE:**  
6 sets of dumbbells  
1 slam ball  
2 kettlebells  
3 sets of FITBANDS
- **Dimensions (L x W x H):**  
46.5" x 17" x 20"





# FITBENCH<sup>®</sup>

— ONE —

The FITBENCH ONE is the bench that started it all.

With durability and safety at its' forefront, the ONE is our flagship model that is perfect for small group training and HIIT workouts. Experience comfort and stability simultaneously when training with the FITBENCH ONE.

## WHAT'S INCLUDED

6 SETS OF DUMBBELLS (5, 10, 15, 20, 25, 30 LB)

2 KETTLEBELLS (20, 30 LB)

1 SLAM BALL (15 LB)

3 SETS OF FITBANDS (10, 20, 40 LB)



# FITBENCH

— S T U D I O —

You guessed it: the FITBENCH STUDIO is the premiere, all-inclusive workout bench for boutique studios.

As our smallest model, the STUDIO has a shorter step height, making it ideal for step-ups and bench jumps. And with only four sets of our commercial-grade dumbbells, this bench works perfectly for boutique fitness classes.

## WHAT'S INCLUDED

4 SETS OF DUMBBELLS (10, 15, 20, 25 LB)

1 SLAM BALL (12 LB)

3 SETS OF FITBANDS (10, 20, 40 LB)



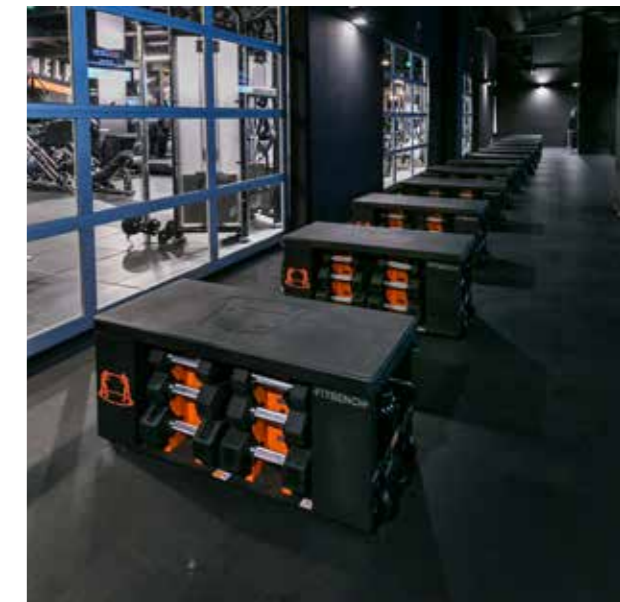


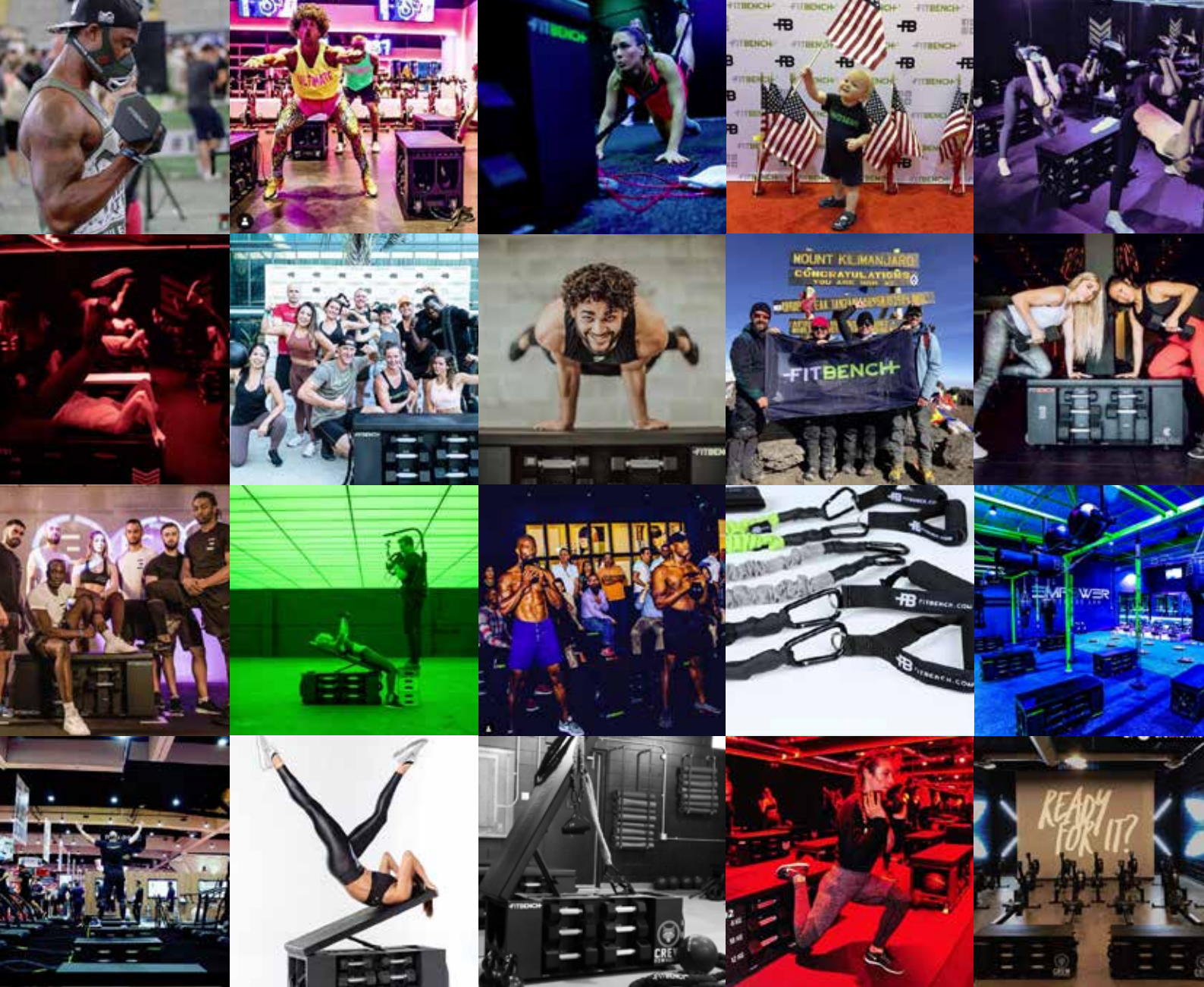
# ***CUSTOMIZE YOUR CLUB***

We understand that you've made your club special over the years and want to continue to see it grow. That's why we offer total customization of the FITBENCH.

Choose from custom logos, company colors, and even a custom molded top to reflect your one-of-a-kind club. You can customize one section, or make the bench completely yours.

Check out our Instagram to see how other clubs have gotten inspired by FITBENCH customization.





# FITBENCH

fitbench.com | @FITBENCH

